

StirFry Seminars & Consulting

January 2011

Happy New Year!! As we welcome in the Year of the Rabbit, I am excited that StirFry Seminars will be launching a host of new and innovative diversity training products that we hope will further the dialogue on racism, sexism, and homophobia. At a time when minority groups are being targeted and so much fear is being perpetuated, an honest and transparent dialogue is urgently needed.

And so, to that purpose, we are asking you to join us in helping send in questions that you have always wanted to ask men, women, straight and gay people. You may not have asked these questions before because you may have been afraid. Virginia Satir once said, "What we do not understand we make up." I believe that this "not knowing" creates a barrier to getting to know one another and contributes to our continued fears and negative stereotypes. It is what I call, "what stands between us."

Please join us in breaking the silence and fear by making this year, 2011, a time when we as a nation and community, truly come together authentically and compassionately.

Lee Mun Wah



- ☞ What are five questions that you have you always wanted to ask MEN?
- ☞ What are five questions that you have you always wanted to ask WOMEN?
- ☞ What are five questions that you have you always wanted to ask GAY PEOPLE?
- ☞ What are five questions that you have you always wanted to ask STRAIGHT PEOPLE?

To submit your questions, please visit www.stirfryseminars.com/WSBU
ALL SUBMISSIONS WILL REMAIN ANONYMOUS



FACILITATING CONVERSATIONS BETWEEN WHITES AND PEOPLE OF COLOR

FACILITATED BY LEE MUN WAH

FEBRUARY 4-6, 2011

FRIDAY 2 PM- 9 PM; SATURDAY 8 AM- 6 PM; SUNDAY 8 AM- 2 PM

QUAN YIN TRAINING CENTER • 2311 8TH STREET, BERKELEY, CA

Too often we are afraid to begin a conversation about race and racism because we have had a bad experience or feel that we will say something wrong or hurtful. This workshop is particularly exciting and satisfying because it allows everyone the opportunity to practice talking to someone who is different from themselves in a compassionate and honest way. Participants will learn that they are not alone in their fears and that all of us lack a "model" of how to begin this type of conversation. The most important ingredient is our sincerity and our willingness to learn and understand each other.

We will practice sharing with one another through use of film, small group interactions, role plays and personal stories. Participants will learn:

- To notice the intent of our communications on other cultures and its impact
- Ways to respond compassionately and openly about diversity issues
- How to listen mindfully and with awareness
- How personal stories can affect our perceptions and attitudes
- Ways to create a sense of community through dialogue and stories
- How to work with conflict and hurt feelings when diversity issues are involved

FOR MORE INFORMATION: 510.204.8840 EXT. 101 OR WWW.STIRFRYSEMINARS.COM

! SPECIAL PRODUCTS SALE !

25% off all regular priced diversity films/products now through February 15, 2011.

Enter Coupon Code **NEWYEAR** upon online checkout at www.stirfryseminars.com/store.

StirFry Calendar

January 20, 2011 Denver, CO	The Color of Fear: (Unlearning Racism in the Workplace) Workshop Not Open to the Public
January 25, 2011 ** Berkeley, CA	The Art of Embracing Change Monthly Group • Facilitated by Lee Mun Wah & Naraya Stein Open to the Public
January 27, 2011 Chicago, IL	Closing The Achievement Gap through Cultural Competency Workshop Chicago Association for the Education of Young Children (AEYC) Conference
February 1, 2011 Glenside, PA	Creating Community in a Diverse School Environment Workshop & An Unfinished Conversation Keynote / Not Open to the Public
February 2, 2011 Kurtztown, PA	Creating Community in a Diverse School Environment Workshop & An Unfinished Conversation Keynote / Not Open to the Public
February 4-6, 2011 ** Berkeley, CA	Mediating Conflicts Between Whites & People of Color Open to the Public
February 8, 2011 ** Berkeley, CA	The Art of Embracing Change Monthly Group • Facilitated by Lee Mun Wah & Naraya Stein Open to the Public
February 10, 2011 Statesboro, GA	An Unfinished Conversation about Gender & Race (Town Hall Meeting) Open to the Public

** Held at the Quan Yin Training Center, 2311 8th Street, Berkeley, CA

For more information, registration and links to conference workshops, visit <http://www.stirfryseminars.com/events>

Contact Us: 510.204.8840 Trainings, Films & Diversity Products, ext. 101 www.stirfryseminars.com