

# StirFry Seminars & Consulting

December 2015

## Not a Day Has Passed...

As another year is about to expire, I am reminded of how much violence and loss we have all experienced this year out of fear and anguish, poverty and terror. Sometimes it feels like the whole world is on fire. That everything seems hopeless and overwhelming in the face of the insurmountable hatred and hostility we hold towards each other.

Almost every day of this year, something in the news has brought me to tears. Not a day seems to have passed without an unarmed young person being killed by law enforcement. Not a day has passed that someone in government or politics has not spewed yet another hateful statement demeaning another ethnic or religious group or country. Not a day has passed in the news when a woman hasn't been raped, assaulted or beaten by someone they know, on campus or in their communities. Not a day passes when young people of color, women and gays on our campuses are not pleading to the administration and faculty that they don't feel safe, listened to, or understood due to the color of their skin or their sexual orientation. Not a day passes when I don't hear every-day workers pleading to be paid more simply to make their rent, put food on their dinner tables, and to have adequate health-care. And every day that passes another border crossing of refugees or immigrants seeking a safer place for their children to grow up are turned away by police, or a wall or a barbed wire fence is built to keep them out.

Each year I wonder: What will it take for us to change and to act? What will it take for us to unlearn our fears and stereotypes that we've learned and cultivated in almost every facet of our lives? In my latest book, *Let's Get Real*, I asked the question: What will it take to end racism in this country? Almost no one believes it will ever end. And when I asked, then what would it take? Almost everyone responds that it would take us having our own children be at stake. Only then would we stand up and fight for equality and understanding.

So, perhaps that is the clue, the opening to our cure: To believe that every person and child is our own. Sounds familiar doesn't it? Now, in this holiday season, the real question and challenge becomes: Are we willing to act out of love and compassion? Are we willing to see and treat each person as we would someone who was in our own family?

As Mother Theresa once said, "If we have no peace, it is because we have forgotten that we belong to each other."

Lee Mun Wah

# MASTERING DIVERSITY TRAINING & FACILITATION

APRIL 22-24, 2016

FRIDAY 2PM-9PM; SATURDAY 8AM-6PM; SUNDAY 8AM-2PM

FACILITATOR: LEE MUN WAH

Too often we are afraid to begin a conversation about race and racism because we have had a bad experience or feel that we will say something wrong or hurtful. This workshop is particularly exciting and satisfying because it allows everyone the opportunity to practice talking to someone who is different from themselves in a compassionate and honest way. Participants will learn that they are not alone in their fears and that all of us lack a "model" of how to begin this type of conversation. The most important ingredient is our sincerity and our willingness to learn and understand each other.

FOR MORE INFORMATION: 510.204.8840 EXT. 103 • WWW.STIRFRYSEMINARS.COM/BTC

## On Demand Digital Streaming Rentals of StirFry Films!!

[www.diversitytrainingfilms.com](http://www.diversitytrainingfilms.com)

StirFry is making our films available online/on demand for students & individuals via digitally streamed video. Here, you can view films such as *The Color of Fear, Last Chance for Eden* and *Stolen Ground* from the comfort of your own home for a small rental fee; rentals provide a link to the films online, good for 24-hours of viewing.

## END-OF-THE-YEAR SALE

Get 30% off, for a limited time, on all regularly-priced diversity training materials (including Lee Mun Wah's newest film *If These Halls Could Talk*)! Enter coupon code SALE30 upon online checkout at [www.stirfryseminars.com/store](http://www.stirfryseminars.com/store).

\* Some restrictions apply • Expires December 31, 2015

## StirFry Calendar of Upcoming Events

December 3, 2015 Berkeley, CA	Mindfully Resolving Conflicts for Diversity Issues Not Open to the Public
December 7, 2015 Kenmore, WA	Culturally Responsive Practice: From Theory to Action: Online Training Not Open to the Public
January 20, 2016 Alameda, CA	If These Halls Could Talk: Film Showing & Diversity Dialogue Open to the Public
February 18-20, 2016 Minneapolis, MN	Cross-Cultural Facilitation Techniques for Educators, Administrators & Staff- Beginner & Intermediate Levels and Creating Community in a Diverse School Environment Not Open to the Public
February 24, 2016 New York, NY	Keynote: Walking Each Other Home: The Art of Creating Community & Connection American Group Psychotherapy Association (AGPA) Conferenc • Open to the Public
February 26, 2016 Savannah, GA	Keynote: Walking Each Other Home: The Art of Creating Community & Connection Cross-Cultural Counseling & Education Conference • Open to the Public
March 3-6, 2016 (TBD) Chicago, IL	The World is All Around Us: Creating a Culturally Responsive School Community and How to have Successful Classroom Discussions on Diversity Issues National Association for Bilingual Education (NABE) Conference • Open to the Public
April 22-24, 2016 Berkeley, CA	Mastering Diversity Training & Facilitation Open to the Public

For StirFry's complete Calendar of Upcoming Events, please visit [www.stirfryseminars.com/events](http://www.stirfryseminars.com/events)

Contact Us: 510.204.8840 Trainings, Films & Diversity Products, ext. 103 • [www.stirfryseminars.com](http://www.stirfryseminars.com) • [www.diversitytrainingfilms.com](http://www.diversitytrainingfilms.com)