



## Announcing: Tea Time with Lee Mun Wah

### *What would Lee Mun Wah Do?*

For many years now, I have heard facilitators, educators and therapists asking each other (much to my amusement): What would Lee Mun Wah do in this situation? When I heard of what they were asking I just laughed for two reasons: One, was that it felt wonderful to know that folks actually valued my opinion. Secondly, it fulfilled a dream I had almost forty years ago when I was a performing poet and storyteller. I was sitting in an easy chair and all these folks were sitting all around me hanging onto my every word. Now, at the time, I thought it would be for my poetry...never in my wildest dream did I think it would be because of my insights into the use of mindful facilitation techniques in working with clients on diversity issues! As someone once said: "To be prepared at any given moment is to let go of the life we had planned for the life that is waiting for us."

And so, as a consequence of much prodding on behalf of my friends, trainers and colleagues I am actually going to begin conducting monthly 90 minute demonstrations of some of my most intense and intriguing situations that actually happened to me in my workshops as well as time to have a talk about difficult situations that others have had in their workshops. These discussions will all be a part of my newest workshop entitled: Tea Time With Lee Mun Wah. Sometimes my audiences ranged from up to 14,000 participants from corporations, governments agencies, universities, and social agencies all over the United States. I estimate in my thirty-four years as a diversity trainer, over 100,000 have attended my workshops in every single state in this country, including Alaska and Hawaii, and over 30 million have viewed my films all over the world. Not bad for someone who didn't go to film school, hated flying and was frightened of huge audiences!

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I hope that you will come online and get a 'behind the scenes' glimpse of my journey and thought processes as I approached some of the most incredibly challenging and confrontational scenarios as a diversity trainer, community therapist, educator and facilitator. Sometimes I wasn't sure what to do or what to say, except to trust 'the process' as each moment unfolded before me. It takes a lot of courage to simply stay in the moment when someone is yelling or attacking you or each other verbally in front of thousands of participants. It's not that I always knew what to say or do, but rather that I had faith that 'an opening' would present itself if I was patient and curious enough to stay present and still.

Mindful facilitation requires a lot of patience and observation. As I wrote in my newest book, *Where the Road Ends, the Path Begins*:

"Facilitating requires staying in the moment. As the group begins to unfold, be patient. Listen and allow for the flow of the room to move naturally. Follow each person who speaks as if you were watching a stream as it passes over the rocks and caresses the edges of the terrain – for each person creates their own story, moment by moment, from the day they are born to the day they die."



## Tea Time Schedule:

Saturday mornings, 9:00am - 10:30am PST

Dates:

July 31, 2021 • August 21, 2021 • September 18, 2021  
October 16, 2021 • November 20, 2021 • December 18, 2021

**Registration Fees:** \$50/session price

**If you register for 3+ sessions:** each session is \$25 + recordings included

**Separate purchase:** \$10/recording

Registration Information Coming Soon...!

## GET FULL DIVERSITY TRAINING IN 4 EFFECTIVE MODULES!

**Cover all your learning objectives with our new program:**

- MODULE 1: Creating Community in a Diverse Workplace
- MODULE 2: Let's Get Real: Courageous Conversations
- MODULE 3: Responding to a Discriminatory Incident
- MODULE 4: Conflict Facilitation Training

**NEW:**

- Professional Development for Principals and District Leaders
- Basic Diversity Training Program for Managers

Learn more and contact us by email: [ellen@stirfryseminars.com](mailto:ellen@stirfryseminars.com)

We have changed the format of our Weekend Workshops  
to better meet the schedule and budget needs of our participants!

All remaining 3-day workshops for 2021 now reduced to 2 days with a corresponding reduction in price.

*See our full schedule of StirFry Workshops at [stirfryonline.com](http://stirfryonline.com)*

## UPCOMING STIRFRY WORKSHOP

# Introductory Mindful Facilitation: Workshop Part 1

Saturday and Sunday, June 19 & 20, 2021 • 9am - 3pm

Facilitated by Lee Mun Wah

**\$440 for both days (price includes required materials/shipping)**

In one of our most popular online trainings, Lee Mun Wah will demonstrate the myriad of ways that facilitation, when practiced using Mindful Techniques, can become a useful tool in helping therapists, educators, and counselors to become more culturally competent and skilled in developing and processing individual and group issues from a diversity and therapeutic lens, using filmed vignettes, role plays, diversity films, personal stories, and interactive exercises.

Some of the Mindfulness Techniques that you will learn are:

- The Art of Intent & Impact
- Advanced Interventions for Individual/Group Interactions
- How to De-escalate Cultural Conflicts Within Seconds
- 21 Ways to Stop a Diversity Conversation
- How to Transform Anger into Compassion and Curiosity
- Ways to Diminish Fear Through Curiosity & Self-Reflection
- How to Create a Culturally Competent Community In Our Classrooms & Faculty
- Ways to Develop Empathy & Trust Using a Diversity Lens
- The Art of Noticing What Is Missing
- How to Transform A Disconnection into A Reconnection

**Get Info and Register at [stirfryonline.com](http://stirfryonline.com)**

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Stirfry Seminars & Consulting has made its acclaimed diversity documentary films available on-demand for individuals and students via digitally-streamed video at: [DiversityTrainingFilms.com](http://DiversityTrainingFilms.com).