

StirFry Facilitator Spotlight

This month, we'd like to introduce three more members of our StirFry Seminars & Consulting Group: Donna Harris, Michael Eatman, and Yi Li Lin Godfrey. Each facilitator brings unique strengths and backgrounds to bear on their work with StirFry and we are grateful to have such compassionate, experienced and gifted colleagues.

Lee Mun Wah

YI-LI LIN GODFREY



As an immigrant, Taiwanese/Chinese American, and an artist of color, Yi-Li's life began in the backdrop of Chinese refugees fleeing its Civil War after World War II. Yi-Li is a living testimony of the incredible resiliency of our humanity – that oppression, colonization, loss, trauma, and unspeakable despairs from previous generations can be re-written.

Born in Taipei, Taiwan, Yi-Li was a clarinetist with the Taipei Symphony Orchestra before immigrating to the US. She earned a Doctor of Musical Arts degree from SUNY at Stony Brook, and a Masters of Music degree from The Juilliard School, in New York. Yi-Li was the Founding Director of Hoboken School of Music and The Hudson Symphony and Cultural and Arts Commissioner of Jersey City, New Jersey.

Today, Yi-Li works with individuals and groups with diverse identities. She is a certified Radical Aliveness/Core Energetics Practitioner and joined her husband at their private practice Radical Aliveness Philadelphia.

As a Staff Facilitator at StirFry Seminars and Consulting, Yi-Li works closely with Lee Mun Wah to facilitate conversations with government agencies, educational institutions, organizations, and companies to give voice to the marginalized groups and inspire doable actions for immediate change. Yi-Li's approach embodies curiosity, empathy, trust, and human connection.

After working with people from diverse backgrounds and witnessing the transformation that takes place, she believes that each individual holds the key and solution to diversity, equity, and inclusion. It is through learning and listening to each other that our collective healing can occur and we all can be liberated as a whole society.

Yi-Li currently resides with her American Jewish husband and their bi-racial, multi-heritage child in a Philadelphia suburb.

DONNA J HARRIS, LCSW



Donna J Harris, LCSW is an African American Clinical Social Worker who is the Clinical Director of Intercultural Counselling, LLC, located in the western suburbs of Philadelphia. For over 30 years she has practiced psychotherapy & psychoanalysis with individuals & groups using a social justice lens. After becoming certified in Mindful Facilitation through Stirfry Seminars, she incorporated these techniques into her work as a therapist, trainer, and teacher.

Ms. Harris is also the founding CEO of Intercultural Network, LLC which provides customized interactive trainings to organizations committed to becoming more equitable, diverse, and inclusive in their policies and practices. She offers an initial assessment, the Intercultural Development Inventory (IDI)[®] to determine the organization's readiness for change, adaptability and openness, then creates a training plan which incorporates Mindful Facilitation skills along with racial literacy and anti-bias training.

Ms. Harris also teaches Mindful Facilitation classes to graduate social work students at Bryn Mawr College, to non-profits nationwide and in online workshops for psychologists, social workers and counselors.

For more information, please visit her website at [InterculturalNetwork.org](https://www.InterculturalNetwork.org).

Michael Eatman



Michael Eatman is a Certified Diversity Professional, Executive Coach, Advanced EQ, and Mindful Facilitation Practitioner. As an educator celebrating 29 years spanning Prek - 20 learning environments, Michael has created the Leadership Edge, a framework that incorporates Emotional Intelligence (EQ), Cultural Competence, and Conflict Engagement to support educational leaders in leading successful organizations. He believes that successful institutions start with leaders, armed with visions that beckon collaboration.

Michael utilizes his EQ expertise to ground his diversity and educational leadership work. With Michael's guidance, governing leaders of institutions have expanded their understanding of how emotional intelligence and diversity awareness impact their organization's ability to fulfill its mission.

As an Inclusion Strategist, Michael works with organizations and educational leaders in identifying cultural competence gaps to develop robust systems that promote more inclusive learning and working environments. Michael uses an organizational inclusion change framework to demonstrate the value and presence of diversity at every level of organizational life.

Michael is the Founder of Culture Coaching INC. and currently resides in New England with his wife and three children.

**Learn more about the StirFry Staff and Facilitators at
stirfryseminars.com/meet-our-team/**

SPILL SOME TEA WITH LEE MUN WAH



In this series of interactive 90-minute workshops, Lee Mun Wah will go over some of your most pressing questions or concerns around situations you've been unsure of how to address in the past.

When you register, you can submit any questions, specific topics, or scenarios you would like to discuss with the group. Lee Mun Wah will also provide his insights into the use of mindful facilitation techniques in working with clients on diversity issues, share some of his most intense and intriguing scenarios he was personally involved in, as well as a "behind the scenes" glimpse of his journey and thought processes as he approached some of the most incredibly challenging and confrontational scenarios as a diversity trainer, community therapist, educator and facilitator.

June 25, 2022 • July 23, 2022 • August 20, 2022
September 10, 2022 • October 22, 2022 • November 19, 2022

Upcoming Weekend StirFry Workshop

MINDFUL FACILITATION • ADVANCED LEVEL

Saturday and Sunday May 28 & 29, 2022

8am - 12 noon (PST) • Facilitated by Lee Mun Wah

\$350 for both days

This training will be practicing advanced mindful facilitation techniques through the use of filmed vignettes, role plays and personal stories. The main focus will be on integrating group process and mindful facilitation techniques in situations where there are intense confrontations and conflicts over diversity issues, coupled with a high degree of escalation and polarization. Participants will learn how to de-escalate these types of conflicts within seconds and help those who are disconnected to become reconnected. Participants will not only learn the art of listening, but also the art of responding in a way that supports everyone to feel heard, seen and understood.

Participants will learn:

- How to mindfully facilitate conflicts within a diversity context
- How to de-escalate conflicts within seconds
- Ways to identify and respond when there is a major disconnection
- Ways to create community based on empathy and curiosity
- How to identify when to use the four major advanced mindful interventions
- How to improve their auditory and visual acuity
- The Art of Summary
- How to identify the common threads and issues in most groups
- The intersection of Mindful Facilitation and Group Process
- How to use personal stories to create community and deeper understanding
- The Art of Listening
- The Art of Co-Facilitation

REGISTRATION AND full schedule of ALL StirFry Workshops
including Tea Time with Lee Mun Wah at stirfryonline.com

